

# YHEALTH & FITNESS™

We build strong kids, strong families, strong communities.

## Hoof-it-to-Health Road Race May 31, 2008

- Sponsored By:** Scheopner's Water Conditioning  
Murrison Environmental, Inc.
- What:** 5K/10K run, two-mile walk, and 1/2-mile kids race
- Where:** Race will begin near the YMCA at the corner of Harding and Center Streets at 7:30 a.m. and will finish at the same location.
- Registration:** Registration will begin at 7 a.m.
- Fee:** \$12 for YMCA members and SWFTR members  
\$24 for non-members  
Fee includes t-shirt and refreshments!
- Deadline:** May 27, 2008 (Late fee of \$3 if you sign up after the deadline)
- Awards:** Awards will be given to first and second place in each division. There will also be a drawing for two \$25 Gift Certificates to Ehresman Packing.
- Questions:** Contact Fitness Director Stacy Crase at (620) 275-1199 or [gckymca.fitness@gmail.com](mailto:gckymca.fitness@gmail.com).
- Mail entry forms to:** Garden City Family YMCA  
Attn: Stacy Crase  
1224 Center St.  
Garden City, KS 67846
- or Register online:** [www.gardencity.net/ymca](http://www.gardencity.net/ymca)

Hoof-it-to-Health Road Race Entry Form			
Please Circle Event: 5K Run 10K Run 2-Mile Walk 1/2-Mile Kids Race			
Name: _____	Phone: _____		
Address: _____	DOB: ___/___/___	Age: ___	T-shirt Size: _____
Emergency Contact: _____	Phone: _____		
Parent's Signature (If under 18) _____	Parent's DOB: _____		
Office Use: Director Call _____ Staff Initials _____			