

YSWIM TEAM™

We build strong kids, strong families, strong communities.

Fast, Focused Fridays

Need a little bit of work on certain aspects of competitive swimming? These half-hour “mini-clinics” are designed for anyone on swim team or anyone who might be interested in joining, ages six-18.

Times: Friday at 4-4:30 p.m. for ages six to 10
Friday at 4:30-5 p.m. for ages 11 to 18

Dates and Topic:

Jan. 11	Starts
Feb. 1	Turns
Feb. 29	Freestyle
Mar. 28	Backstroke
Apr. 4	Breaststroke
Apr. 11	Butterfly

Registration: Tuesday before Mini-Clinic of your choice.
You do not have to be a current member of swim team to register for this program.

Fees: \$5/session for members
\$10/session for non-members

Questions: Contact Aquatics Director Jen Eggleston at (620) 275-1199 or gckymca.aquatics@gmail.com

Registration Form—Fast, Focused Fridays

Circle all that you plan on attending: 1/11 2/1 2/29 3/28 4/4 4/11

Name _____ DOB _____ Age _____

Address _____ Phone# _____

Parent/Guardian _____

Office Use Only: Director Call _____ *Initials* _____