

Licensed To: G.C. Family YMCA Swim Club  
 GARDEN CITY YMCA SEAHAWKS  
 Pilgrim Plunge 17-Nov-07 Yards  
 GARDEN CITY YMCA SEAHAWKS [GCY-MV] Coach: Casey Wise

## Mixed 12&amp;U 100 FREE

Name	Age Team	Time
2 A 'GCY'		1:05.72 F
1) ASHLEY D. MONGEAU	2) TAYLOR D. JOHNSON	
3) STEPHANIE A. JANDA	4) SAMANTHA NORTON	
4 A 'GCY'		1:12.90 F
1) ERIKA A. SCHAFER	2) SHEA A. NORDBY	
3) LAURA E. RICHMEIER	4) RACHEL L. FOREMAN	
5 C 'GCY'		1:20.97 F
1) TANNER L. MONGEAU	2) AARON F. SCHAFER	
3) GABRIEL MCFALL	4) SKYLER STRODA	
8 B 'GCY'		1:32.78 F
1) CARRIE G. HALL	2) CALEIGH R. KNIGHT	
3) KAILLEE E. STUCKY	4) MAGGIE UNRUH	
9 A 'GCY'		1:51.08 F
1) LINDSEY A. RICHMEIER	2) ELIZABETH UNRUH	
3) PAOLA RODRIGUEZ	4) KENLEA M. STEGMAN	

## Mixed 13-Ov 200 FREE

Name	Age Team	Time
2 A 'GCY'		2:40.37 F
1) THERESA AMANTE	2) KARLA C. RODRIGUEZ	
3) LARISSA A. HALL	4) LAISA B. ALCANTAR	

## Mixed 08&amp;U 25 FREE

Name	Age Team	Time
2 STEGMAN, KENLEA M	8 GCY	21.75Y F
4 STAPP, NICOLETTE R	7 GCY	24.28Y F
5 RICHMEIER, LINDSEY A	7 GCY	24.59Y F
6 RODRIGUEZ, PAOLA	8 GCY	25.41Y F
10 UNRUH, ELIZABETH	7 GCY	35.74Y F
0 UNRUH, EMILY	8 GCY	DQ F

## Mixed 08&amp;U 25 FREE

Name	Age Team	Time
5 SCHAFER, AARON F	7 GCY	25.73Y F

## Mixed 08&amp;U 50 FREE

Name	Age Team	Time
1 RICHMEIER, LINDSEY A	7 GCY	55.49Y F

## Mixed 09-10 50 FREE

Name	Age Team	Time
3 RICHMEIER, LAURA E	10 GCY	37.67Y F
4 SCHAFER, ERIKA A	10 GCY	38.32Y F
5 NORDBY, SHEA A	10 GCY	38.91Y F
6 HALL, CARRIE G	9 GCY	41.27Y F
10 FOREMAN, RACHEL L	10 GCY	44.99Y F
11 KNIGHT, CALRIGH R	9 GCY	49.15Y F
12 UNRUH, MAGGIE	10 GCY	50.50Y F
0 STUCKY, KAILLEE E	9 GCY	DQ F

## Mixed 09-10 50 FREE

Name	Age Team	Time
2 MONGEAU, TANNER L	9 GCY	38.61Y F
5 MCFALL, GABRIEL	9 GCY	49.75Y F

## Mixed 11-12 50 FREE

Name	Age Team	Time
1 NORTON, SAMANTHA	11 GCY	31.56Y F
4 MONGEAU, ASHLEY D	11 GCY	35.94Y F
6 JANDA, STEPHANIE A	11 GCY	37.42Y F
7 JOHNSON, TAYLOR D	11 GCY	38.39Y F
8 CRIST, TERYN	11 GCY	40.99Y F
10 BECKER, HALEY	11 GCY	43.59Y F

## Mixed 11-12 50 FREE

Name	Age Team	Time
4 STRODA, SKYLER	12 GCY	31.38Y F

## Mixed 13-Ov 50 FREE

Name	Age Team	Time
4 ALCANTAR, LAISA B	15 GCY	30.72Y F
5 AMANTE, THERESA	14 GCY	31.49Y F
13 RODRIGUEZ, KARLA C	13 GCY	57.45Y F

## Mixed 08&amp;U 25 BACK

Name	Age Team	Time
1 STEGMAN, KENLEA M	8 GCY	25.43Y F
5 STAPP, NICOLETTE R	7 GCY	27.27Y F
6 RICHMEIER, LINDSEY A	7 GCY	31.24Y F
7 UNRUH, EMILY	8 GCY	33.07Y F
8 UNRUH, ELIZABETH	7 GCY	34.62Y F
0 RODRIGUEZ, PAOLA	8 GCY	30.37Y F

## Mixed 08&amp;U 50 BACK

Name	Age Team	Time
1 STAPP, NICOLETTE R	7 GCY	1:02.10Y F

## Mixed 09-10 50 BACK

Name	Age Team	Time
3 SCHAFER, ERIKA A	10 GCY	44.98Y F
4 NORDBY, SHEA A	10 GCY	47.88Y F
5 HALL, CARRIE G	9 GCY	48.06Y F
6 KNIGHT, CALEIGH R	9 GCY	50.23Y F
9 FOREMAN, RACHEL L	10 GCY	57.09Y F
0 STUCKY, KAILLEE E	9 GCY	DQ F

## Mixed 09-10 50 BACK

Name	Age Team	Time
2 MONGEAU, TANNER L	9 GCY	46.43Y F
4 MCFALL, GABRIEL	9 GCY	58.89Y F

## Mixed 11-12 50 BACK

Name	Age Team	Time
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Name	Age Team	
1 NORTON, SAMANTHA	11 GCY	37.55Y F
3 MONGEAU, ASHLEY D	11 GCY	43.94Y F
4 JANDA, STEPHANIE A	11 GCY	47.59Y F
5 JOHNSON, TAYLOR D	11 GCY	48.84Y F
6 BECKER, HALEY	11 GCY	53.70Y F
0 CRIST, TERYN	11 GCY	48.40Y F

## Mixed 11-12 50 BACK

Name	Age Team	
3 STRODA, SKYLER	12 GCY	45.12Y F

## Mixed 13-Ov 50 BACK

Name	Age Team	
1 ALCANTAR, LAISA B	15 GCY	34.06Y F
4 AMANTE, THERESA	14 GCY	35.86Y F
11 RODRIGUEZ, KARLA C	13 GCY	1:16.76Y F

## Mixed 08&amp;U 25 BREAST

Name	Age Team	
1 STEGMAN, KENLEA M	8 GCY	29.65Y F
2 RICHMEIER, LINDSEY A	7 GCY	31.72Y F
4 STAPP, NICOLETTE R	7 GCY	35.91Y F
0 UNRUH, ELIZABETH	7 GCY	58.28Y F
0 RODRIGUEZ, PAOLA	8 GCY	38.50Y F
0 UNRUH, EMILY	8 GCY	31.53Y F

## Mixed 08&amp;U 25 BREAST

Name	Age Team	
0 SCHAFER, AARON F	7 GCY	34.38Y F

## Mixed 09-10 50 BREAST

Name	Age Team	
2 RICHMEIER, LAURA E	10 GCY	48.80Y F
7 NORDBY, SHEA A	10 GCY	1:04.49Y F
8 FOREMAN, RACHEL L	10 GCY	1:09.85Y F
0 HALL, CARRIE G	9 GCY	59.76Y F
0 STUCKY, KALLEE E	9 GCY	41.32Y F
0 UNRUH, MAGGIE	10 GCY	1:22.97Y F

## Mixed 09-10 50 BREAST

Name	Age Team	
2 MONGEAU, TANNER L	9 GCY	1:03.29Y F

## Mixed 11-12 50 BREAST

Name	Age Team	
1 NORTON, SAMANTHA	11 GCY	40.69Y F
5 JANDA, STEPHANIE A	11 GCY	47.54Y F
7 MONGEAU, ASHLEY D	11 GCY	50.98Y F
9 BECKER, HALEY	11 GCY	1:01.89Y F

## Mixed 13-Ov 50 BREAST

Name	Age Team	
2 ALCANTAR, LAISA B	15 GCY	37.76Y F
8 AMANTE, THERESA	14 GCY	44.34Y F

## Mixed 08&amp;U 25 FLY

Name	Age Team	
1 STEGMAN, KENLEA M	8 GCY	30.93Y F
4 STAPP, NICOLETTE R	7 GCY	35.25Y F
5 UNRUH, ELIZABETH	7 GCY	1:07.99Y F
0 UNRUH, EMILY	8 GCY	42.28Y F

## Mixed 08&amp;U 25 FLY

Name	Age Team	
4 SCHAFER, AARON F	7 GCY	33.29Y F

## Mixed 09-10 50 FLY

Name	Age Team	
3 SCHAFER, ERIKA A	10 GCY	48.05Y F
4 NORDBY, SHEA A	10 GCY	51.09Y F
5 HALL, CARRIE G	9 GCY	57.76Y F
0 FOREMAN, RACHEL L	10 GCY	1:07.93Y F
0 UNRUH, MAGGIE	10 GCY	1:17.93Y F
0 STUCKY, KALLEE E	9 GCY	DQ F

## Mixed 09-10 50 FLY

Name	Age Team	
0 MONGEAU, TANNER L	9 GCY	1:06.71Y F

## Mixed 11-12 50 FLY

Name	Age Team	
1 NORTON, SAMANTHA	11 GCY	36.66Y F
5 JOHNSON, TAYLOR D	11 GCY	48.53Y F
6 CRIST, TERYN	11 GCY	58.38Y F

## Mixed 11-12 50 FLY

Name	Age Team	
2 STRODA, SKYLER	12 GCY	39.12Y F

## Mixed 13-Ov 50 FLY

Name	Age Team	
4 AMANTE, THERESA	14 GCY	33.85Y F

## Mixed 12&amp;U 100 MEDLEY

Name	Age Team	
2 A 'GCY'		1:16.95 F
1) STEPHANIE A. JANDA	2) SAMANTHA NORTON	
3) TAYLOR D. JOHNSON	4) ASHLEY D. MONGEAU	
5 A 'GCY'		1:35.97 F
1) MAGGIE UNRUH	2) ERIKA A. SCHAFER	
3) LAURA E. RICHMEIER	4) SHEA A. NORDBY	
6 C 'GCY'		1:38.54 F
1) GABRIEL MCFALL	2) AARON F. SCHAFER	
3) SKYLER STRODA	4) TANNER L. MONGEAU	
8 B 'GCY'		1:47.97 F

1) CALEIGH R. KNIGHT	2) RACHEL L. FOREMAN
3) KAILIE E. STUCKY	4) CARRIE G. HALL
9 B 'GCY'	1:50.75 F
1) NICOLETTE R. STAPP	2) HALEY BECKER
3) TERYN CRIST	4) PAOLA RODRIGUEZ
10 A 'GCY'	2:15.94 F
1) EMILY UNRUH	2) LINDSEY A. RICHMEIER
3) KENLEA M. STEGMAN	4) ELIZABETH UNRUH

## Mixed 13-Ov 200 MEDLEY

Name	Age Team	
2 A 'GCY'		3:03.97 F
1) KARLA C. RODRIGUEZ	2) LAISA B. ALCANTAR	
3) THERESA AMANTE	4) LARISSA A. HALL	

## Mixed 08&amp;U 100 IM

Name	Age Team	
2 SCHAFFER, AARON F	7 GCY	2:30.53Y F

## Mixed 09-10 100 IM

Name	Age Team	
1 SCHAFFER, ERIKA A	10 GCY	1:43.46Y F
3 UNRUH, MAGGIE	10 GCY	2:37.33Y F
0 RICHMEIER, LAURA E	10 GCY	1:43.57Y F

## Mixed 09-10 100 IM

Name	Age Team	
3 MCFALL, GABRIEL	9 GCY	2:19.74Y F

## Mixed 11-12 100 IM

Name	Age Team	
1 NORTON, SAMANTHA	11 GCY	1:21.97Y F
3 MONGEAU, ASHLEY D	11 GCY	1:33.67Y F
4 JANDA, STEPHANIE A	11 GCY	1:38.00Y F
5 JOHNSON, TAYLOR D	11 GCY	1:56.01Y F
6 CRIST, TERYN	11 GCY	2:10.50Y F

## Mixed 11-12 100 IM

Name	Age Team	
3 STRODA, SKYLER	12 GCY	1:31.40Y F

## Mixed 13-Ov 200 IM

Name	Age Team	
1 ALCANTAR, LAISA B	15 GCY	2:42.93Y F
4 AMANTE, THERESA	14 GCY	2:57.49Y F

## Mixed 08&amp;U 100 FREE

Name	Age Team	
1 STEGMAN, KENLEA M	8 GCY	2:08.51Y F
0 RODRIGUEZ, PAOLA	8 GCY	2:11.40Y F

## Mixed 08&amp;U 100 FREE

Name	Age Team	
3 SCHAFFER, AARON F	7 GCY	2:12.89Y F

## Mixed 09-10 100 FREE

Name	Age Team	
2 RICHMEIER, LAURA E	10 GCY	1:25.04Y F
3 SCHAFFER, ERIKA A	10 GCY	1:25.27Y F
5 HALL, CARRIE G	9 GCY	1:33.95Y F
6 NORDBY, SHEA A	10 GCY	1:34.20Y F
8 FOREMAN, RACHEL L	10 GCY	1:49.47Y F
9 UNRUH, MAGGIE	10 GCY	1:57.99Y F
0 STUCKY, KAILIE E	9 GCY	DQ F
0 KNIGHT, CALEIGH R	9 GCY	DQ F

## Mixed 09-10 100 FREE

Name	Age Team	
1 MONGEAU, TANNER L	9 GCY	1:38.37Y F
4 MCFALL, GABRIEL	9 GCY	1:51.57Y F

## Mixed 11-12 100 FREE

Name	Age Team	
2 MONGEAU, ASHLEY D	11 GCY	1:17.91Y F
3 JANDA, STEPHANIE A	11 GCY	1:25.38Y F
6 BECKER, HALEY	11 GCY	1:37.57Y F
7 JOHNSON, TAYLOR D	11 GCY	1:38.84Y F
8 CRIST, TERYN	11 GCY	1:39.37Y F

## Mixed 11-12 100 FREE

Name	Age Team	
1 STRODA, SKYLER	12 GCY	1:11.43Y F

## Mixed 13-Ov 200 FREE

Name	Age Team	
5 RODRIGUEZ, KARLA C	13 GCY	5:42.59Y F

## Mixed 09-10 500 FREE

Name	Age Team	
2 RICHMEIER, LAURA E	10 GCY	8:41.59Y F

## Mixed 09-10 500 FREE

Name	Age Team	
2 MCFALL, GABRIEL	9 GCY	10:21.61Y F

## Mixed 11-12 500 FREE

Name	Age Team	
3 STRODA, SKYLER	12 GCY	8:04.07Y F

## Mixed 13-Ov 500 FREE

Name	Age Team	
2 ALCANTAR, LAISA B	15 GCY	7:34.71Y F